



Remarkably Resilient Together (RRT) Workshops

Complete this form to request our 60–90 minute Remarkably Resilient Together workshops.

All fields are required.

RRT workshop options:

- **RRT workshops without the RRT materials**
 - Virtual workshops have a suggested honorarium of \$250.
 - In person workshops require travel cost reimbursement and a suggested \$250 honorarium.
- **RRT workshops with RRT materials provided**
 - Please contact our Program Director, Karen Dickson, at karen@remarkably-resilient.com to discuss workshop fees.

For more information or for questions, please email karen@remarkably-resilient.com.

Name of Organization/Group Requesting the RRT Workshop *

Organization Description *

Non-profit

Governmental Entity

Educational

For Profit

Other (please specify):

Contact Information

Contact Name *

Contact Email *

Contact Phone *

RRT Topic *

Regulation and Self-Care

Reflection (Coming soon)

Relationships and Connection (Coming soon)

RRT Workshop Format *

Virtual (without the RRT Materials)

In-Person Specify Location:

Requested Length of RRT Workshop *

60 minutes

90 minutes

Other (please specify):

Workshop Date (rough timeframe) *

Please email completed form to karen@remarkably-resilient.com and we'll be in touch soon. Thank you!